

Love in a Bowl Potholder – PATTERN

LOVE IN A BOWL POTHOLDER TUTORIAL

MATERIALS:

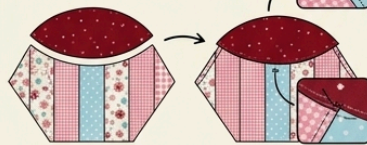


1. THE PIE-SHAPED BODY (PATCHWORK & STRUCTURE)

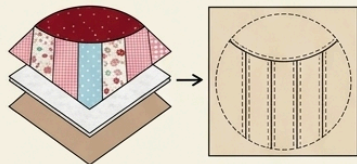
1.1 Cut Fabric Pieces



1.2 Piecing the Top



1.3 Sandwich & Quilt



2. THE EMBELLISHMENTS (HEART & BORDER)

2.1 Crochet Heart Motif



Início:
MR- Circulo Mágico

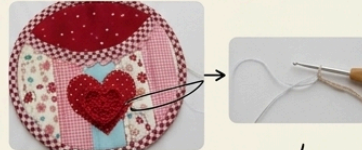
Pontos Usados:
ch - Ponto Correntinha (ch)
pb - Ponto Baixo (sc)
dc - Ponto Alto (dc)
tc - Ponto Altíssimo (tc)



Passo 1: No anel mágico, faça [ch 3, 3 tc, 3 dc, ch 1, 1 tc, ch 1, 3 dc, 3 tc, ch 2, sl st]. Puxe o anel para fechar.



2.2 Apply Heart & Button

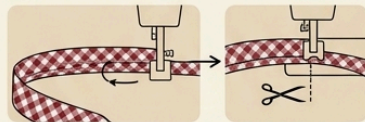


2.2 Apply Heart & Button

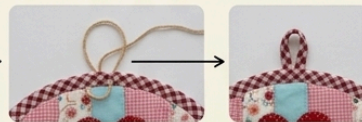


3. FINISHING (BINDING & HANGER)

3.1 Attach Binding



3.2 Add Hanger Loop



Legend:
Anel Mágico MR
Ponto Baixo pb
Ponto Baixo pb
Ponto Alto dc
Ponto Alto (dc)
Ponto Altíssimo (tc)

This tutorial will guide you through creating a beautiful **quilted bowl-shaped potholder with a crochet heart detail**. It combines patchwork, quilting, and a touch of crochet for a charming handmade kitchen accessory 🧵 ✨

Follow each step carefully and you'll be able to recreate this project from start to finish, even as a beginner

MATERIALS

Prepare all materials before starting:

- Various small cotton fabrics (floral, gingham, polka dots, heart prints)
- 1 piece of fabric for the top curved section
- 1 piece for backing
- Batting (for insulation)
- Sewing thread
- Cotton yarn (for crochet)
- 2 mm crochet hook
- 1-inch button (4 holes)
- 9-inch circular template (paper or cardboard)
- Scissors, pins, sewing machine (optional but helpful)

SECTION 1: THE PIE-SHAPED BODY (PATCHWORK & STRUCTURE)

Step 1: Cut Fabric Pieces

Using your fabric scraps:

- Cut several **rectangular strips** (about equal width)
- Arrange them side by side to form a patchwork panel

Using your **9-inch circular template**:

- Cut a curved top piece (semi-circle shape)
- This will form the “bowl opening” edge

Also cut:

- 1 full circle for backing
- 1 full circle of batting

Make sure all pieces align with your template size



Step 2: Piece the Patchwork Top

- Sew the fabric strips together along their long edges
- Press seams flat (important for a clean look)

Now:

- Place the curved top piece over the patchwork panel
- Sew it to the top edge carefully, matching curves

You should now have a **pie-like shape** with a curved top

Trim excess fabric to match the circular template



Step 3: Sandwich & Quilt

Layer your materials like this:

1. Bottom: backing fabric (right side down)
2. Middle: batting
3. Top: patchwork piece (right side up)

Pin or clip all layers securely

Now quilt:

- Sew vertical lines following the patchwork strips
- Keep stitching evenly spaced
- This stabilizes the layers and adds texture

After quilting, trim again into a clean circle if needed



SECTION 2: EMBELLISHMENTS (HEART & BORDER)

Step 4: Crochet the Heart Motif

Using cotton yarn and a 2 mm hook:

Start with a **magic ring (MR)**

Inside the ring, work the following:

- Chain 3
- 3 double crochets (dc)
- Chain 1
- 1 triple crochet (tc)
- Chain 1
- 3 double crochets (dc)
- 3 triple crochets (tc)
- Chain 2
- Slip stitch to close

Pull the magic ring tight

Fasten off and leave a tail for sewing

You now have a small crochet heart 

Step 5: Attach Heart & Button

- Position the heart at the center of the potholder
- Sew it down securely using matching thread

Then:

- Sew the button in the center of the heart
- Pass the needle through multiple times for strength

This creates a layered decorative focal point

SECTION 3: FINISHING (BINDING & HANGER)

Step 6: Attach Binding

Prepare binding strip (bias or straight):

- Fold it in half lengthwise
- Align raw edges with the edge of the potholder

Sew around the entire circle:

- Go slowly around curves
- Keep the binding smooth and even

Fold binding over to the back:

- Hand stitch or machine stitch it down neatly

This finishes the edges cleanly

Step 7: Add the Hanger Loop

Create a loop using fabric or cord:

- Fold a small strip into a loop shape
- Insert it at the top edge (before finishing binding or stitch afterward securely)

Sew firmly in place:

- Reinforce stitches since this will hold weight

Step 8: Final Touches

- Trim all loose threads
- Press lightly with an iron (if fabric allows)
- Check seams and stitching

Your potholder should now have:

- A quilted patchwork base
- A curved “bowl” shape
- A crochet heart with a button center
- A neat binding edge and hanger loop

Finished!

You now have a beautiful “**Love in a Bowl**” potholder  

It's perfect for:

- Holding hot bowls safely
- Decorating your kitchen
- Giving as a thoughtful handmade gift